THIS IS THE BARRIER I DESIRE TO BREAK

THIS IS THE TRUTH ABOUT THE BARRIER I DESIRE TO BREAK

***AFFIRM AND DECLARE***

* I give myself permission to Break this Barrier.
* I agree with God. I accept the Truth of my freedom from this Barrier.
* I take Divinely inspired action
* I agree with God that (*say the Truth about the Barrier you desire to break*) and I agree that it is already provided and is already mine.
* I accept that (*say the Truth about the Barrier you desire to break*) is already provided and is already mine.

I TAKE THE FOLLOWING ACTION(S) TO BREAK THE BARRIER THAT I DESIRE TO BREAK.